

## Making Work Brilliant

Online courses and Listening Programmes for parents and managers in any organisation.

“In little more than 15 minutes a day, you’ve completely changed the way I think”

The Reset logo features the text 'the reset' in white lowercase letters on a purple square background. Three small colored dots (yellow, orange, blue) are positioned above the 'e' in 'the'.

The Reset is an online course for parents who want to transform their relationship with work, ditch the guilt and feel more confident as they combine their career with their parenting.

ONLINE | 6 WEEKS

£89

The Navigator logo features the text 'the navigator' in white lowercase letters on a teal square background. Three small colored dots (yellow, orange, blue) are positioned above the 'e' in 'the'.

The Navigator is a research-led online course where managers develop the mindset and skillsets to tackle the real-world challenges that occur in diverse and flexible teams.

ONLINE | 6 WEEKS

£149

The Listening Programmes logo features the text 'listening programmes' in white lowercase letters on a dark blue square background. Three small colored dots (yellow, orange, blue) are positioned above the 'i' in 'listening'.

Our Listening Programmes move you beyond the anecdotes in your organisation to independent, validated data to inform your decision making. Explore the impact of flexible work in your organisation with Do Flex Well. And explore to what extent parents are thriving in your organisation with Parent & Thrive.

ONLINE | 4 WEEKS

from  
£3750

A customised solution meets the specific needs and circumstances of your business or industry.

Case Study 1: Media Cymru wanted to address the challenges faced by parents in the creative sector with a tailored Reset Course. We reviewed all the available data, and developed a customised module and programme for parents in the sector.

from  
£25k

Case Study 2: One of the largest employers in the UK wanted to understand how they could better support parents in their organisation. We combined the latest academic research with our cutting edge insight to craft a fully customised Listening Programme and brought the business independent, validated data and recommendations.

## About us

We are an award-winning research and training company with a mission to make work brilliant.

Working with parents, managers and employers, our multidisciplinary team brings you independent, research-led and unbiased expertise - in the palm of your hand.

Every survey response and every story shared helps us better understand the fundamental barriers that make it hard for people and businesses to thrive. And most importantly - the tools and solutions you need to overcome them.